

The Cost of Eating Well in Grey Bruce

One Person
Receiving Ontario
Works

Income:
\$794



Average Monthly
Rent: \$604



Monthly Cost for
Healthy Food: \$297

Money left: **\$ - 91**

Money left
over has to
cover all
basic living
expenses...

One Person
Receiving Old
Age Security

Income:
\$1,663



Average Monthly
Rent: \$739



Monthly Cost for
Healthy Food: \$215

Money left: \$740

Single Parent Family
With Two Children
Receiving Ontario
Works

Income:
\$2,334



Average Monthly
Rent: \$908



Monthly Cost for
Healthy Food: \$668

Money left: \$787

Family of Four
Receiving Ontario
Works

Income:
\$2,549



Average Monthly
Rent: \$945



Monthly Cost for
Healthy Food: \$884

Money left: \$753

